



Animal Enrichment Best Practice Series

www.sawanetwork.org



DO Try This At Home:

Cheap & Fun Enrichment Ideas for Shelters

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ASPCA Behavioral Rehabilitation Center

Why Enrichment?



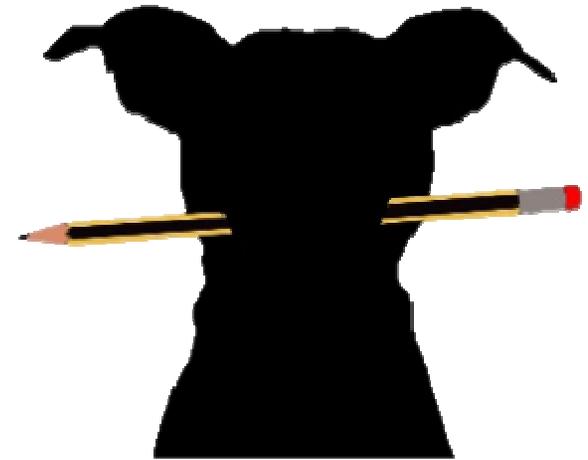
Five Freedoms

- Freedom from hunger and thirst
- Freedom from discomfort
- Freedom from pain, injury or disease
- Freedom to express normal behavior
- Freedom from fear and distress



SAWA Best Practice Requirements

- ✓ Comfortable resting area
- ✓ Hiding spot (especially cats and fearful animals)
- ✓ Things to chew (dogs, cats)
- ✓ Scratching surfaces (cats)
- ✓ At least one toy, rotated daily
- ✓ Daily social interaction
- ✓ Daily sensory enrichment
- ✓ Daily mental stimulation
- ✓ Regular physical exercise
- ✓ Exposure to enjoyable novelty



Enrichment Types

- Enclosure enhancements
- Socialization opportunities
- Cognitive enrichment
- Exposure to enjoyable novelty
- Feeding enrichment
- Physical exercise
- Sensory stimulation

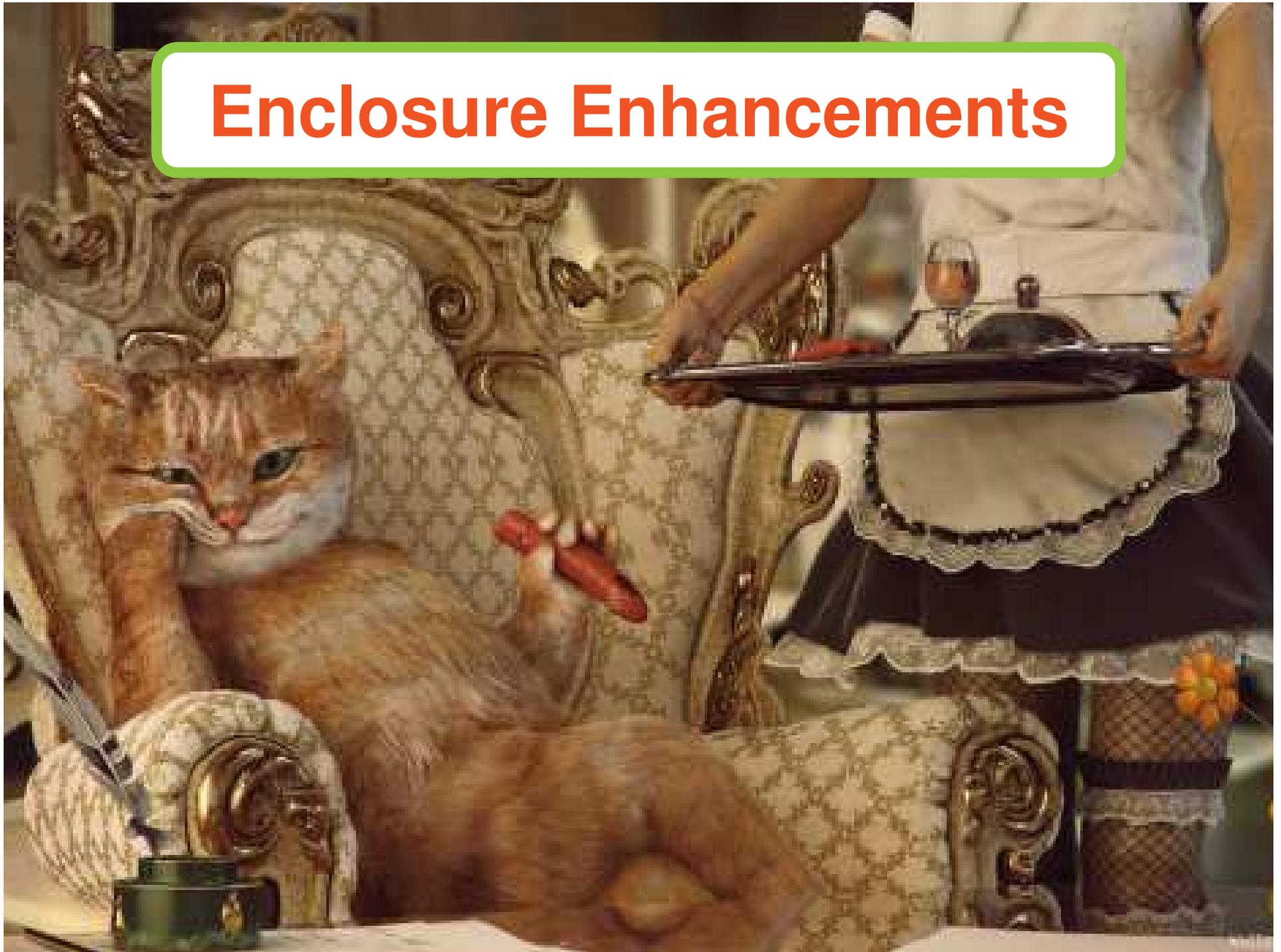


The Best Enrichments

- Cheap or free
- Easy to make/give
- Disposable, edible or disinfectable
- Effective
- Safe*
- Creative



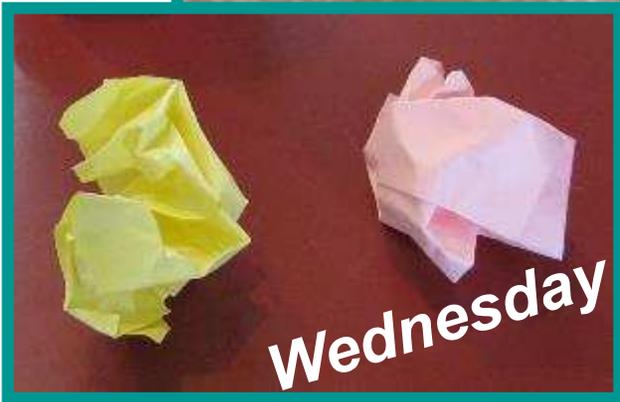
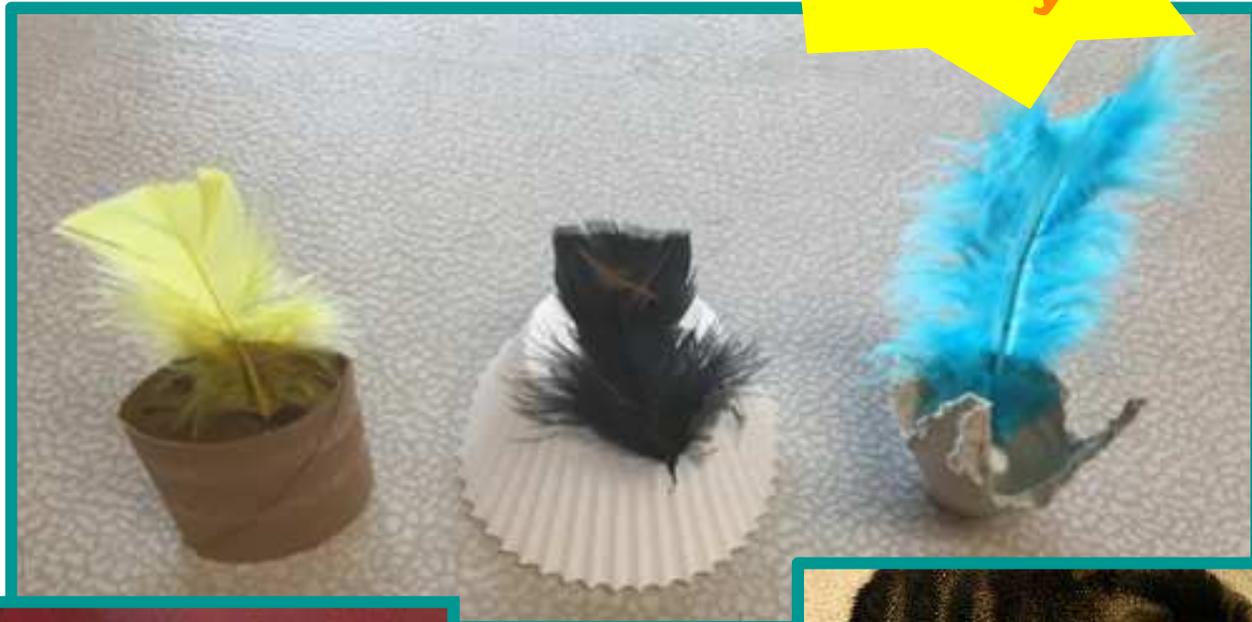
Enclosure Enhancements



Feather Friday

+
Olfactory

Cost < \$10



Submitted by Shelby Backhus at
Capital Humane Society

Packing Paper Party

+
Tactile

Cost = FREE

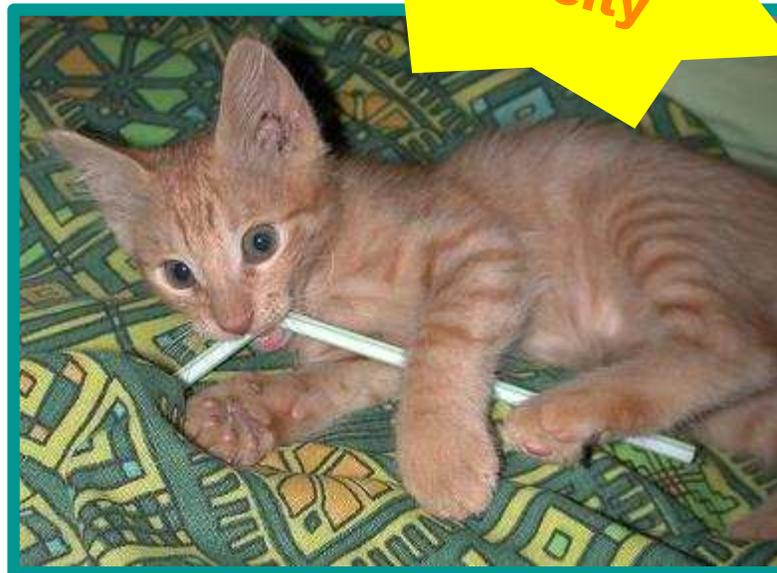


Submitted by Samantha Bell at
10 Best Friends Animal Society Los Angeles

Kitty Straws

+
Novelty

Cost < \$5



Submitted by Samantha Bell at
11 Best Friends Animal Society Los Angeles

Cat Grass

+
Olfactory



Cost < \$10

Submitted by Casey Claiborne at
12 Houston SPCA^{ed}

Fun-Size Cat Grass

+
Olfactory

Cost < \$10

**For
bunnies,
too!**



Submitted by Maureen Lilley at
13 Ontario SPCA - Barrie Animal Centre

Natural Barriers

Cost = FREE



Perches on the Cheap



Cost < \$5

Halloween Treats



16 Submitted by Cheryl Kolus at
Clicker Learning Institute for Cats and Kittens

A photograph of three dogs playing in a fenced outdoor area. One dog is white with its mouth wide open, another is dark brown with its mouth open, and a third is brindle with its mouth open. They are all lying on the ground, appearing to be in a playful or social interaction. A green rounded rectangle with white text is overlaid on the right side of the image.

Socialization Opportunities

Best Friends 'Til Forever



+
Novelty

Cost = FREE

Submitted by Kurt Blaes at
18 Belleville Area Humane Society

Jogging Club



Cost = FREE

+
Exercise
Novelty



Cohousing



Cost = FREE



Cognitive Enrichment



RUBIX CUBES

Tougher than they look.

Rock-a-Stack



Cost = \$5

+
Novelty

Submitted by Sandra Robbins at
22 Tufts University

Sneakily Seductive Tricks





Exposure to Novelty

Garden Enrichment

+
Olfactory
Feeding
Socialization
Enclosure
Enhancement

For
PEOPLE,
too!



25 Submitted by Diane Anderson at
Pet Alliance of Greater Orlando

Stroll in the Stroller

+
Socialization
Novelty



Submitted by Melissa Jolley at
Nuzzles & Co.

Cheese Tree

+
Olfactory
Exercise
Socialization



Submitted by Suzanne Denk at
27 Animal Friends, Pittsburgh

YOUR OFFERING PLEASES KITTY

**Feeding
Enrichment**



Pupsicles!



Submitted by:

- Shelby Backhus at Capital Humane Society
- Arlene Kiste at Bergen County Animal Shelter, Teterboro

29 - the ASPCA served

Pupsicles in Kennel



The Ball Pit



Cost = \$30

31 Submitted by Samantha Petersohn at
Great Plains SPCA

Stuffed Toy Treat Dispensers



Easter Eggs for Cats



Submitted by Cheryl Kolus at
33 Clicker Learning Institute for Cats and Kittens

Object Play in Kennel



Foraging Find It



+
Cognitive

35 Submitted by Erica Polites at
Senior Paws Dog Rescue

PVC Puzzles

Cost < \$5
apiece



36 Submitted by Emi Griess at
Helping Hands Humane Society

Treat & Catnip Bags



+
**Olfactory
Novelty**

**Cost < \$1
apiece**

37 Submitted by Emi Griess at
Helping Hands Humane Society

Clean Up Crew



Submitted by Melissa Jolley at
38 Nuzzles & Co. erved

Open Paw for Cats

+
Socialization



<https://youtu.be/e342PUjhX74>

Submitted by Clare Williams at
39 National Animal Welfare Trust (UK)

Open Paw for Dogs (Plus)



40 Submitted by Clare Williams at
National Animal Welfare Trust (UK)

Kitty Piñatas



41 Submitted by Talille Fite at
Atlanta Humane Society

Physical Exercise



Post-Workout Feast



+
Socialization

43 Submitted by Debbie Winkler at
Humane Domain

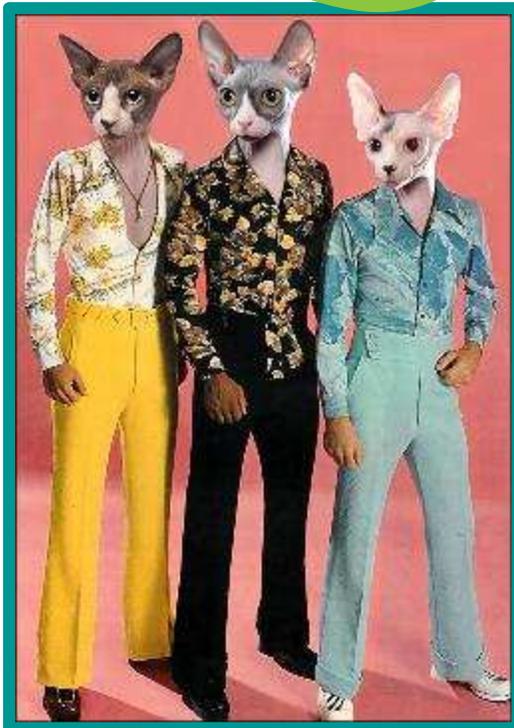
Treadmill Training



44 Submitted by Kurt Blaes at
Belleville Area Humane Society

Cat Disco

Cost = \$15
for lights



+
Socialization
Visual
Auditory



45 Submitted by Bonnie Still at
Wayside Waifs ^{ed}

Flirt Pole



Catnip Bubbles

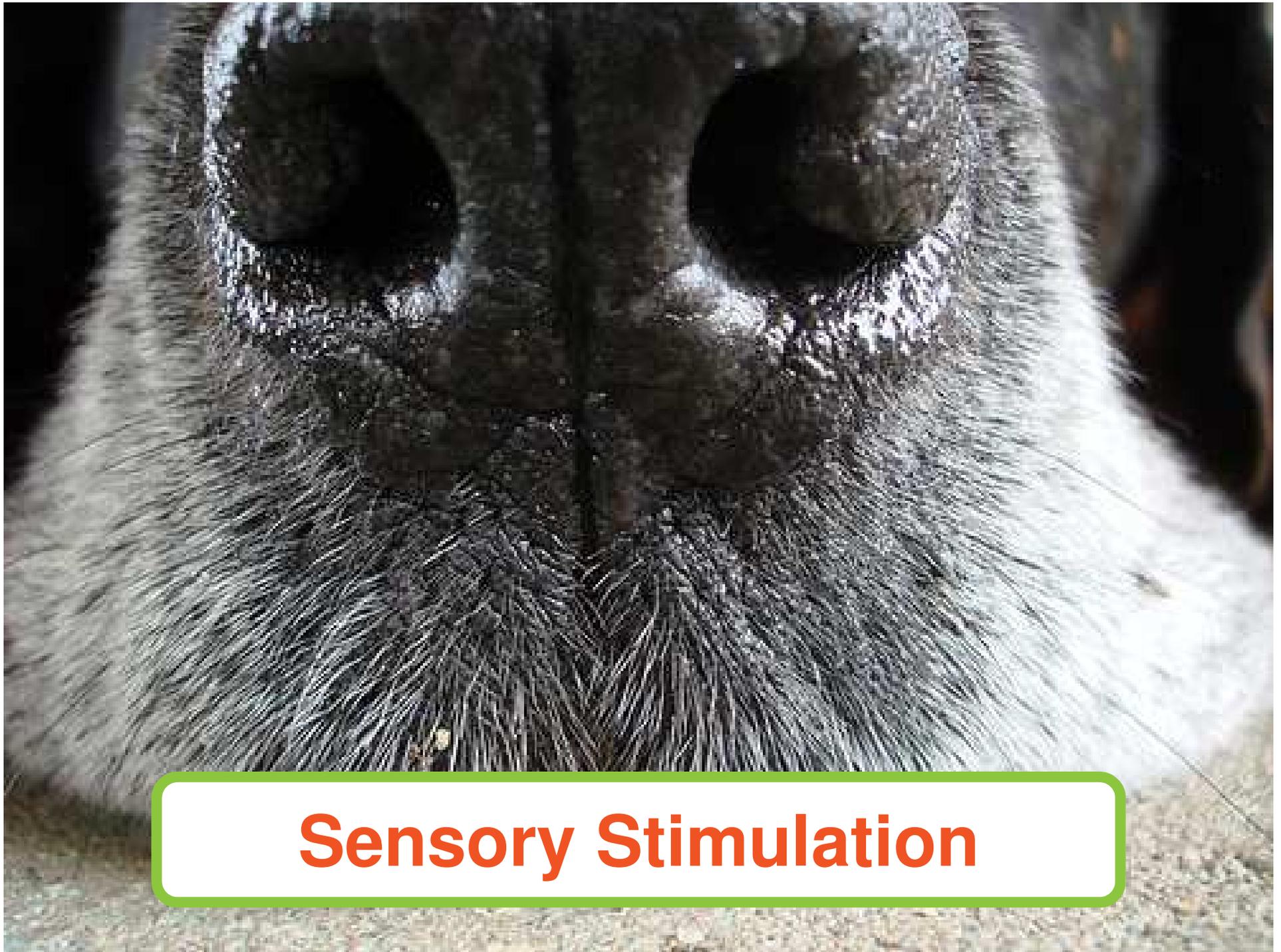
+
Socialization
Visual
Olfactory

Cost = \$2



ASPCA

Submitted by Lisa Mahoney at
47 Northeast Animal Shelter - Salem, Massachusetts



Sensory Stimulation

Sensory Stimulation

- Olfactory
- Visual
- Auditory
- Tactile
- Taste



Olfactory: Catnip



+
**Enclosure
Enhancement**

**Cost < \$3
per plant**

Olfactory: Catnip Towels



51 Submitted by Rachel Dinsmore at
St. Hubert's Animal Welfare Center

Olfactory: Herbs



Submitted by Bonnie Zarrillo at
52 Town of Hempstead Animal Shelter

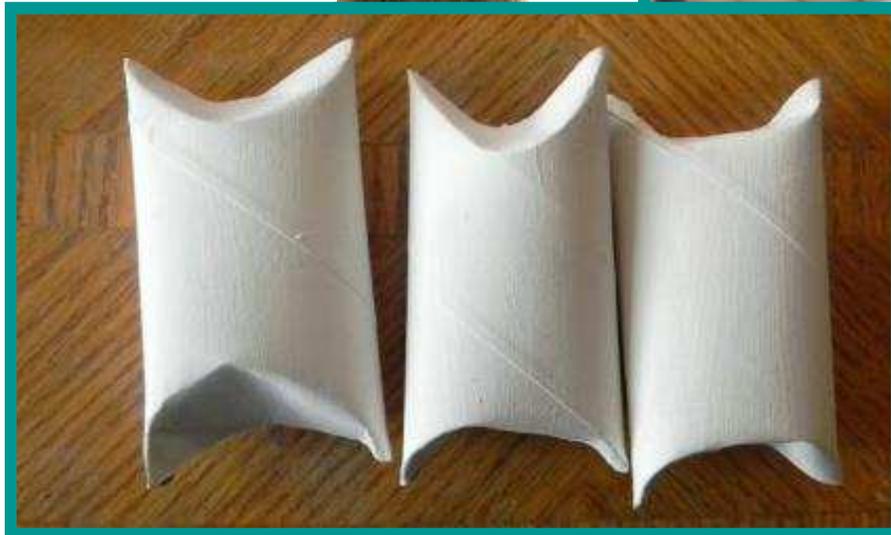
Olfactory: Snake Skin & Pocket Pet Smells



*Submitted by Cheryl Kolus at
Clicker Learning Institute for Cats and Kittens*

*Submitted by Bonnie Still at
Wayside Waifs*

Olfactory: Stink Tubes



Cost < \$10

Olfactory: Snuffle Parks



This spot was special: Yala, Aqui and Lilli were completely absorbed.



Dog-friends enjoy snuffling together.

55 Submitted by Erica Polites at
Senior Paws Dog Rescue

Olfactory: Scent Patches and Rags



*Submitted by Thomas Kalinowski at
East Valley Animal Shelter-City of Los Angeles, Dept. of Animal Services*

*Submitted by Casey Claiborne at
Houston SPCA*

Olfactory: Scented Tennis Balls

Cost < \$20



Submitted by Tia Barbera at
57 Cherryland Humane Society

Olfactory: Scent Rubbers



58 Submitted by Nancy Puro at
Cat Adoption Team

Olfactory: Paint Rollers

+
Tactile



Submitted by Bonnie Still at
59 Wayside Waifs ^{ed}

Tactile: Scrub Brushes

Cost < \$5
a piece



+
Olfactory

Tactile: Cardboard Scratchers



Cost < \$2
apiece

Auditory: Sound Machine



Cost < \$20

*Submitted by Lisa Mahoney at
Northeast Animal Shelter - Salem, Massachusetts*

62 *Submitted by the ASPCA*

Visual: Poop Bag Fan



Cost < \$5

Submitted by Tia Barbera at
63 Cherryland Humane Society

Visual: Truffula Trees



+
Exercise
Socialization



Visual: Pinwheels

Cost < \$5



Other Species



Bunnies: Sushi Rolls



Submitted by Suzanne Denk at
67 Animal Friends, Pittsburgh

Bunnies: Bags and Boxes



Submitted by Bonnie Still at
68 Wayside Waifs ^{ed}

Horses: “Grazing” Buckets



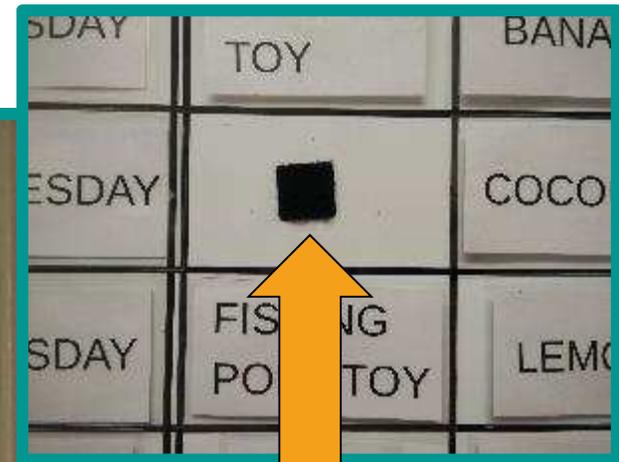
Submitted by Debbie Winkler at
69 Humane Domain

Logistical Tips



Enrichment Board Shortcuts

WEEKLY CAT ENRICHMENT BOARD							
	SIGHT	SMELL	SOUND	TASTE	TOUCH	PLAY	TRAINING
MONDAY	FEATHER TOYS	ANISE	YOUTUBE VIDEOS	CATNIP	PLASTIC BOTTLE	FISHING POLE TOY	SIT
TUESDAY	FLINGER TOY	BANANA	READING FISH TREATS	CARDBOARD TUBE TOY		FLINGER TOYS	SIT UP (beg)
WEDNESDAY	SHELL GAME	COCONUT	WIND CHIMES	CATNIP	TRIM NAILS	FLUFFY TOY	DOWN
THURSDAY	FISHING POLE TOY	LEMON	MUSIC	CHICKEN TREATS	SHELL GAME	JINGLE BALLS	WATCH ML
FRIDAY	LASER TOY	ORANGE	BIRD SONG	CATNIP	BRUSHING	STUFFED TOY	OBSTACLE COURSE
SATURDAY	BUBBLE SOAP	PEPPERMINT	READING FISH TREATS	SNUFFLE MAT		CATNIP TOY	KITTY WHEEL
SUNDAY	JINGLE BALLS	VANILLA	ANIMAL NOISES	CHICKEN TREATS	MASSAGE	RIBBON TOY	TOUCH



Submitted by Susan Holt at

71 Lost Our Homes

Schedule Enrichment Variety

Daily Enrichment Schedule							
TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM (St. Hubert's)	Scent of the Week	Scent of the Week	NEW Flavor of the Week NEW Scent of the Week (KG)	Scent of the Week	Scent of the Week	Scent of the Week	Scent of the Week
10:30 AM	Radio + toys	Radio + toys	Radio + toys	Radio + toys	Radio + toys	Radio + toys	Radio + toys
11:00 AM						Bagel Chew	Veggie/Fruit Chew
1:00-2:00 PM	Zen time (Chew)	Zen time (Ice block)	Zen time (Frozen Kong)	Zen time (Ice block)	Zen time (Chew)	Zen time (Ice block)	Zen time (Frozen Kong)
3:30 PM	Time for school	Time for school	Time for school	Time for school	Time for school	Time for school	Time for school
4:00 PM	Prey scent (cardboard)			Prey scent (use kongs as needed)			

ASPCA Volunteers:
Please look at schedule to determine which enrichment items need to be prepared. When we are at full capacity, we will have 30 dogs that need to be provided enrichment items during 'Zen time.' Please see dry erase board in kitchen for Kong/Ice block flavor of the week. If you have any questions, please find Katherine.

THE ASPCA AND DOGS BOTH THANK YOU FOR YOUR HELP!!



SAWA Best Practices Webinar Series: Animal Enrichment

aspcapro.org/animal-enrichment-webinar-series

Animal Enrichment Best Practices

Wednesday, January 10, 3-4 pm ET

How to Plan & Track the Best Enrichment Program Ever

Wednesday, January 24, 3-4 pm ET

The 8 Components Every Animal Enrichment Program Should Have

Wednesday, February 7, 3-4 pm ET