

Sample Dog Enrichment Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Playtime: all pods	Playtime: all pods	Playtime: all pods	Playtime: all pods	Playtime: all pods	Playtime: all pods	Playtime: all pods
Pupsicles: pods A and B	Pupsicles: isolation pods	Pupsicles: pods E and F	Pupsicles: pods C and D	Pupsicles: pods A and B	Pupsicles: isolation pods	Pupsicles: pods E and F
Kong-like toy: pods C and D	Kong-like toy: pods A and B	Kong-like toy: isolation pods	Kong-like toy: pods E and F	Kong-like toy: pods C and D	Kong-like toy: pods A and B	Kong-like toy: isolation pods
Puzzle toy: pods E and F	Puzzle toy: pods C and D	Puzzle toy: pods A and B	Puzzle toy: isolation pods	Puzzle toy: pods E and F	Puzzle toy: pods C and D	Puzzle toy: pods A and B
Chews: all pods	Chews: all pods	Chews: all pods	Chews: all pods	Chews: all pods	Chews: all pods	Chews: all pods
Scent: isolation pods	Scent: pods E and F	Scent: pods C and D	Scent: pods A and B	Scent: isolation pods	Scent: pods E and F	Scent: pods C and D

Key:

Playtime – 45 supervised minutes in an indoor or outdoor exercise area

Pupsicles – Dog food or peanut butter mixed with water & frozen inside small plastic containers (like yogurt cups)

Kong-like toy – Rubber toy with hollow center for placing treats inside

Puzzle toys – A treat dispenser manipulated by the dog

Chews – Any chewable toy or treat approved by your veterinarian; supervision may be required

Scent – Toys infused with high-interest dog scents such as vanilla, peppermint, etc.