

# Five Freedoms



## 1. Freedom from hunger and thirst

by ready access to fresh water and diet to maintain health and vigor

## 2. Freedom from discomfort

by providing an appropriate environment including shelter and a comfortable resting area

## 3. Freedom from pain, injury or disease

by prevention or rapid diagnosis and treatment

## 4. Freedom to express normal behavior

by providing sufficient space, proper facilities and company of the animal's own kind

## 5. Freedom from fear and distress

by ensuring conditions and treatment which avoid mental suffering