ASPCA Spay/Neuter Alliance Veterinary Student Externship Pre-arrival Information

Lodging

All our externs have the option of staying in our dorm block for \$100. Each unisex room consists of two bunk beds, storage, reading light, pillow, sheets and a blanket. The dorm also contains a kitchen, dining room, lounge, bathroom/showers and Wi-Fi. A laundry facility is located within close proximity to our campus.

Sunday Accommodations

As your accommodation isn't available until 8:00 AM on your first day, we have secured some preferred rates with the following hotels for the Sunday night. Take a look around, though, as you may be able to find a better deal.

Hotel Indigo

4-star, downtown Asheville, on our <u>bus-route</u>, free parking, free wifi, pet-friendly rooms). Preferred rate - \$129 - Book here!

Crowne Plaza

7 minutes east of our campus. Not walkable to downtown, but on a direct <u>bus-route</u>. to downtown/campus. Free Wi-Fi. Free parking. <u>Book here!</u>

Aloft Asheville Downtown

A premium, pet-friendly hotel in the heart of downtown. Free wi-fi. Parking is \$7 per day. Some black out dates apply, mostly around holidays. Preferred rate: \$159 per night (Jan - Mar, Sun - Thurs), \$170 per night (Apr - Dec, Sun - Thurs) - Book here!

Princess Anne Hotel

Suites with full kitchen at this historic hotel just north of downtown. Mention ASPCA for 15-20% discount. Call (828) 258-0986.

Sweet Peas Hostel

Downtown hostel that seems to get good feedback. No free parking. Call for rates. $\underline{\text{View}}$

Hyatt Place

Free parking, free Wi-Fi, free breakfast, downtown Asheville, on our <u>bus-route</u>, pet-friendly. Preferred rate - \$119 <u>Book here!</u>

Bon Paul & Sharky's Hostel

The closest hostel to us, and in the fun West Asheville neighborhood. Ask about their private cabin when you call for rates. View

Getting Here

A number of airlines fly into Asheville Regional Airport (AVL) - a 20-minute drive from our clinic. You can rent a

car from the airport, or take a taxi for around \$50 (we're just off New Leicester Highway, close to Patton Avenue).

Lunch

Lunch is not provided on-site, but <u>here is a list of nearby options</u>.

Getting Around

Although we would highly recommend a vehicle to enjoy Asheville to the fullest, we do have a city bus system, and the clinic is on a <u>bus-route</u>. Please note that the system is not as robust as other cities and buses stop in the early evening.

FAST FACTS

(CLICK FOR SYLLABUS)

- Two weeks (80 hours)
- Around seven days of surgery
- Approximately 15 surgerie
- 15% "table time" (approx.)

Arrival & Departure

You should wear scrubs on the first day and have your stethoscope handy. The last day of the externship will end at approximately 4:00 PM, and you should therefore not book a flight out of Asheville before 6:00 PM.

What to Pack

- Scrubs (bring several sets)
- Comfortable shoes
- Stethoscope
- Towels
- A travel mug (for earlymorning coffee!)

Gloves, caps, gowns, and masks will be supplied (although we cannot cater for latex and similar allergies, so please supply your own in these cases).

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Erin Kiehnau

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This was an amazing experience that I would recommend to any vet student, regardless of future career interest. My time there made me more aware of the value of and need for high-quality, high-volume spay/neuter programs and improved my clinical skills overall, which is something I feel all vet students could benefit from.

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